

FORM: 16 CHIPPING – BEND WRIST BONE ON LEADING ARM FORWARD AT FINISH

CHIPPING –BEND WRIST BONE ON LEADING ARM FORWARD AT FINISH (AND AT IMPACT)					
PLAYER AND DATE:					
SHOT #	1. AT FINISH OF A LOW CHIP SHOT, <u>FREEZE</u> MOVEMENT OF CLUB, ARM AND HANDS. 2. VISUALLY EXTEND CLUBSHAFT TO HEIGHT OF ELBOW ON LEADING ARM. 3. IN RELATION TO THE MIDDLE OF THE LEADING ELBOW, WHERE DOES SHAFT LINE FALL: R=RIGHT, L=LEFT, O=ON IT? (FOR A RIGHT HANDER, LEFT IS THE DESIRED LOCATION)			DISTANCE IN INCHES FROM MIDDLE OF ELBOW	
	L=LEFT	O=ON IT	R=RIGHT	L	R
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
TOTAL					